

Curriculum Unit Template

Taneyville R-II School

2023-2024

Grade: 4

Subject: Physical Education

Quarter: First

Unit Title: Presidential fitness

Standards	Vocabulary	Activities/Resources	Formative/Summative Assessments
S1.E2.4 S2.E3.4a S3.E4 S3.E5 S3.E5.4b S3.E1.4 S3.E2	Aerobic Capacity Flexibility Upper Body Strength Abdominal Strength Endurance Goal Setting	FitnessGram/Presidential Fitness Test	Baseline and End of Year Testing Pacer test Mile Run Sit Ups Sit and Reach Push Up, Pull Up, or Hang

Unit Title: General fitness

Standards	Vocabulary	Activities/Resources	Formative/Summative Assessments
S3.E1 S3.E2 S3.E3 S3.E4 S3.E5	Active Lifestyle Circuit Training Cool down Dynamic Stretches Fitness	Fitness Knowledge https://openphysed.org/curriculum_resources/fitness-knowledge	Self Assessment Worksheet Holistic performance rubric

Curriculum Unit Template

Taneyville R-II School

2023-2024

S3.E6 S5.E1	Health related fitness Body Composition Cardiovascular endurance Flexibility Muscular endurance Skill related Fitness Agility Coordination		
----------------	---	--	--

Unit Title: Health and Physiology

Standards	Vocabulary	Activities/Resources	Formative/Summative Assessments
S2.E5	Label major muscles (e.g. abdominals, quadriceps, biceps) and bones (e.g. tibia, fibula, radius) * Recognize what systems work together to move your body (e.g. muscular and skeletal)	Body Part Tag	Teacher Observation

Curriculum Unit Template

Taneyville R-II School

2023-2024

Unit Title: Soccer

Standards	Vocabulary	Activities/Resources	Formative/Summative Assessments
S1.E18 S1.E19 S1.E20 S1.E21	Goal Goalie Dribble Foul Out of Bounds Halfway line Penalty Free Kick Kick Off	Soccer Open PE https://openphysed.org/curriculum_resources/soccer-skills	https://openphysed-wp-content.s3-us-west-2.amazonaws.com/wp-content/pdf/soccer-skills/I-01-07-SoccerSkills-StudentSelfAssessment.pdf?dl=0 Self Assessment

Curriculum Unit Template

Taneyville R-II School

2023-2024

Grade 4th

Subject: Physical Education

Quarter: 2nd

Unit Title: Football

Standards		Vocabulary	Activities/Resources	Formative/Summative Assessments
S1.E6 (S1.E14.4a) (S1.E14.4b) (S1.E16.4) (S2.E1.4a) S4.E5 S5.E4		Center Quarterback Line of Scrimmage Passing route Offense Defense Kick Punt Down Throwing pass Wide receiver Running Back Running route Defensive back	Flag Football Fuel Up Elementary Curriculum	Elementary Quiz Teacher observation

Unit Title: Gymnastics

Standards	Vocabulary	Activities/Resources	Formative/Summative Assessments
(S1.E1.4)	Warm up	Gymnastics	https://openphysed.org/wp-content

Curriculum Unit Template

Taneyville R-II School

2023-2024

(S1.E3.4) (S1.E7.4) (S1.E8.4) (S1.E10.4) (S1.E11.4) (S1.E12.4)	Challenge Concept Closer Handstand head stand Balance Pyramids Roll Narrow Wide Counter balance Off balance Weight bearing	https://openphysed.org/curriculum_resources/ed-gymnastics Open PE	t/uploads/2022/02/E-08-10-EdGymnastics-HolisticPerformanceRubric-Final.pdf Performance Rubric or Teacher Observation
---	--	--	--

Unit Title: Invasion Games

Standards	Vocabulary	Activities/Resources	Formative/Summative Assessments
(S1.E1.4) (S1.E6.4)	Accurate Advantage	Invasion Games https://openphysed.org/curriculum	https://openphysed.org/wp-content/uploads/2016/03/I-09-07-InvasionGames-HolisticPerformanceRubric-Final.pdf

Curriculum Unit Template

Taneyville R-II School

2023-2024

(S1.E13.5a) (S1.E14.4a) (S1.E15.4) (S1.E16.4) (S1.E20.4) (S1.E23.4) (S2.E1.4a) (S2.E1.4c) S2.E3 (S2.E5.4c)	Apply Body orientation Control Defence Enjoyment Etiquette Fitness Health benefit Invasion Open space Offense Pass Plane Rules safe Stance Strategy	resources/invasion Open PE	n-SelfAssessment.pdf Self Assessment
---	--	---	---

Unit Title: Pickleball/Pickleminton

Standards	Vocabulary	Activities/Resources	Formative/Summative Assessments
(S1.E1.4) (S1.E3.4) (S1.E7.4)	Grip Serve Forehand	Pickleball / Pickleminton https://openphysed.org/curriculum_resources/pickleminton	https://openphysed.org/wp-content/uploads/2017/04/1-07-08-Pickleminton-SelfAssessment.pdf

Curriculum Unit Template

Taneyville R-II School

2023-2024

(S1.E8.4) (S1.E10.4) (S1.E11.4) (S1.E12.4)	Backhand etiquette	Open PE	Self Assessment
---	-----------------------	---------	-----------------

Grade: 4th

Subject: Physical Education

Quarter: Third

Unit Title: Archery

Standards	Vocabulary	Activities/Resources	Formative/Summative Assessments
(S4.E1.4) (S4.E2.4) S4.E3.4 S4.E4 S4.E5 S4.E6 S5.E3 S5.E2	Stance Bow handset Draw handset Pre Draw Draw Aim Anchor Shot Set Up Release Follow through Reflect Dry Fire Range Dominate Eye Score Card Safety Whistle blast Noch Noch indicator	National Archery in the Schools Program International Style Archery	Teacher Observation Scorecards

Curriculum Unit Template

Taneyville R-II School

2023-2024

	Arrow Rest Fleching Quiver Arrow		
--	---	--	--

Unit Title: Archery

Standards	Vocabulary	Activities/Resources	Formative/Summative Assessments
S1.E6 S1.E16 S1.E17 S1.E20 S2.E5 S2.E1	Dribble Pivot Lay up Free Throw 3 point shot Baseline Foul Offense Defence Drive Goal	Basketball https://openphysed.org/curriculum_resources/basketball-skills Open PE	https://openphysed-wp-content.s3-us-west-2.amazonaws.com/wp-content/pdf/basketball-skills/I-04-07-BasketballSkills-StudentSelfAssessment.pdf?dl=0 Self Assessment

Unit Title: Dance

Standards	Vocabulary	Activities/Resources	Formative/Summative Assessments
S1.E3 S1.E5	8 count Beat	Dance https://openphysed.org/curriculum	https://openphysed.org/wp-content/uploads/2017/11/I-05-08-Dance-

Curriculum Unit Template

Taneyville R-II School

2023-2024

S2.E2 S2.E3 S4.E4 S5.E2 S5.E3	Balance Call Caller choreography Clockwise Combination Counter clockwise Dance direction Gallop General space Grapevine High Hop Line dance Locomotor lyric Mirror Pathway Pattern Personal space Cooperation	resources/dance-35 Open Pe Just Dance X box one Kenect	SelfAssessment.pdf Self Assessment
---	---	--	---

Unit Title: Jump Rope

Standards	Vocabulary	Activities/Resources	Formative/Summative Assessments
S1.E27 S2.E3 S3.E3 S3.E4	Consecutive Endurance Health benefit Health related fitness Heart rate Hydration Improve	Jump Rope https://openphysed.org/curriculum_resources/3-5jumprope Open Pe	https://openphysed.org/wp-content/uploads/2016/02/l-06-07-JumpRope-SelfAssessment.pdf Self Assessment

Curriculum Unit Template

Taneyville R-II School

2023-2024

	Jump Land Long rope Pace Quick Practice Rhythm Routine Safe Short rope Skill Related fitness Success		
--	---	--	--

Grade Four

Subject: Physical Education

Quarter: 4th

Unit Title: Volleyball

Standards	Vocabulary	Activities/Resources	Formative/Summative Assessments
S1.E22.4) (S1.E23.4)	Bump Set Spike Spiker Dig Bump pass Center line Double hit Forearm pass Held ball Jump Serve Overhand serve	Volleyball https://openphysed.org/curriculum_resources/volleyball 3-5	Teacher Observation https://openphysed.org/wp-content/uploads/2023/02/1-30-07-a-Volleyball-HolisticPerformanceRubric.pdf Performance Rubric

Curriculum Unit Template

Taneyville R-II School

2023-2024

	Underhand serve Rotation Ace Antenna Assist		
S1.E6	Kick Hind catcher Base person Baseline Foul ball Home run Out Sportsmanship	Kickball https://www.google.com/search?q=kickball&rlz=1C1GCEV_enUS968US968&oq=Kickball&gs_lcrp=EgZjaHJvbWUqDQgAEAAAYgwEYsQMYgAQyDQgAEAAAYgwEYsQMYgAQyDQgBEAAAYgwEYsQMYgAQyDQgCEAAAYg	Teacher Observation

Unit Title: Softball

Standards	Vocabulary	Activities/Resources	Formative/Summative Assessments
S1.E14.4a) (S1.E14.4b) (S1.E25.4	Base Path Designated hitter Double Play Error Fair territory Foul Tip Infield Outfield Infield fly rule Inning	Softball https://openphysed.org/curriculum-resources/batandball Open PE	https://openphysed.org/wp-content/uploads/2017/05/l-10-10-BatAndBall-HolisticPerformanceRubric.pdf Performance Rubric

Curriculum Unit Template

Taneyville R-II School

2023-2024

	Passed ball Pivot foot Play Sacrifice fly Stolen base Strike Zone Wild pitch		
--	--	--	--

Unit Title: Fitness

Standards	Vocabulary	Activities/Resources	Formative/Summative Assessments
S1.E2 S2.E3 S3.E4 S3.E5 S3.E1 S3.E2	Aerobic Capacity Flexibility Upper Body Strength Abdominal Strength Goal Setting	Fitness Gram or Presidential Fitness Test https://www.fitnessgram.net/pacer-test	Baseline test/end of year test Pacer test Mile run Sit up test Sit and Reach Push Up, Pull Up, Hang

Unit Title: Parachute

Standards	Vocabulary	Activities/Resources	Formative/Summative Assessments
S1.E1 S1.E2 S1.E3 S1.E5 S1.E6	Cooperation Self Control Throw Directions Right	Parachute Games by Todd Strong/ Dale LeFever	Teacher Observation Peer evaluation

Curriculum Unit Template

Taneyville R-II School

2023-2024

S1.E7 S1.E11 S2.E1 S2.E3 S3.E2 S3.E3 S3.E4 S4.E1 S4.E2 S4.E3 S4.E4 S4.E5 S4.E6 S5.E2 S5.E3 S5.E4	Left High Low Skip Hop Gallop Lean Balance Creativity Problem Solving Personal Behavior Pantomime		
---	--	--	--

Unit Title: Kickball

Standards	Vocabulary	Activities/Resources	Formative/Summative Assessments
S1.E6	Kick Hind catcher Base person Baseline Foul ball Home run Out Sportsmanship	Kickball https://www.google.com/search?q=kickball&rlz=1C1GCEV_enUS968US968&oq=Kickball&gs_lcrp=EgZjaHJvbWUqDQgAEAAygwEYsQMYgAQyDQgAEAAygwEYsQMYgAQyDQgBEAAygwEYsQMYgAQyDQgCEAAyg	Teacher Observation